



Swimming Lesson Comparison Table

Based on the most current information available, the following table is just an aid to help you evaluate the approximate swim level of your child. It is always advisable to consult with a YMCA swim instructor to determine the appropriate specific level. The YMCA reserves the right to evaluate your child's swimming abilities during their first lesson and adjust their level accordingly.

Age Group	YMCA Program	Red Cross Program	Olympic Way Program
0-3 years old accompanied by a parent	Splashers	Starfish	n/a
	Bubblers	Duck	n/a
	Bubblers	Sea Turtle	n/a
3-5 years old	Bobbers	Sea Otter	n/a
	Floater	Salamander	n/a
	Gliders	Salamander	n/a
	Divers	Sunfish	n/a
	Surfers	Crocodile	n/a
	Dippers	Whale	n/a
6 - 15 years old	Otter	Swim Kids 1	White
	Seal	Swim Kids 2	Yellow
	Dolphin	Swim Kids 3/4	Green
	Swimmer	Swim Kids 5	Green
	Star 1	Swim Kids 5	Green
	Star 2	Swim Kids 6	Blue
	Star 3	Swim Kids 7	Bronze
	Star 4	Swim Kids 8	Silver
	Star 5	Swim Kids 9	Gold
	Star 6	Swim Kids 10	Junior Guard
	Star 7	-	-